20 FALL 13

American Academy of Sleep Medicine | Sleep Education Series

Course Catalog

An all-new, MUST-ATTEND course line-up from the PREMIER Provider of Sleep Medicine Training

Updated for 2013 Exam!

Sleep Medicine Board Review Course

August 1-4, 2013 | Sheraton Denver Downtown Hotel | Denver, CO

Interactive Review Sessions!

Sleep Medicine Exam Cram Course

September 28, 2013 or September 29, 2013 | AASM National Office | Darien, IL

New Course!

Managing Sleep Disorders in Patients with Co-morbid Conditions

October 5-6, 2013 | AASM National Office | Darien, IL

New Course!

Successfully Navigating Reimbursement for Sleep Medicine

November 2-3, 2013 | AASM National Office | Darien, IL

Register early to save! www.aasmnet.org/events.aspx

Continuing Education Courses from the
PREMIER Provider of Sleep Medicine Training

SLEEP EDUCATION SERIES COURSES

The AASM Sleep Education Series courses offer interactive professional education opportunities for sleep medicine practitioners and allied health professionals interested in learning more about sleep medicine. Presented by expert faculty, courses provide participants with in-depth, timely and relevant information to improve their knowledge and understanding of sleep medicine disorders and other issues related to the field.

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3 EASY WAYS TO REGISTER

Register early to save!

Online *(credit card only)*
www.aasmnet.org/events.aspx

Fax *(credit card only)*
630-737-9789

Mail *Complete and mail this form: (check or credit card)*
American Academy of Sleep Medicine
Attn: Meeting Department
2510 North Frontage Road
Darien, IL 60561

BOARD REVIEW COURSE AND CRAM COURSES

Register for BOTH the Sleep Medicine Board Review Course and the Sleep Medicine Exam Cram Course AND SAVE!

Target Audience

These courses are intended for physicians seeking a broad review of sleep medicine or planning to take the 2013 certification examination in sleep medicine.

Sleep Medicine Board Review Course August 1-4, 2013

In 2011, only 64% of the individuals who took the sleep medicine exam passed. As the leader in sleep medicine education, the AASM has the essential Sleep Medicine Board Review courses to prepare you for success!

The **Sleep Medicine Board Review Course** is a two-and-a-half-day course during which an expert faculty of basic researchers, academicians and clinicians at the forefront of the field will present a broad review of sleep medicine. The topics covered mirror the ABMS sleep medicine examination content areas.

This course includes a mixture of didactic sessions on basic sleep mechanisms and evaluation of polysomnograms, case-based lectures on the entire range of sleep disorders in the *International Classification of Sleep Disorders, Second Edition* and question-based presentations.

Intensive Scoring Review - *Optional Companion Course*

20% of the sleep medicine certification exam is related to sleep evaluation, including sleep staging and scoring. Add on the Intensive Scoring Review companion course on Thursday, August 1 from 1:00pm – 5:15pm for additional education on scoring.

Course Chairs

Charlene Gamaldo, MD – Chair
David Plante, MD – Vice Chair

$100 off Cram Course if also registered for the Board Review Course! Discount will be applied when the registration is processed.

Course Location

Sleep Medicine Board Review Course
Sheraton Denver Downtown Hotel
Denver, CO

Sleep Medicine Exam Cram Course September 28, 2013 or September 29, 2013

The **Sleep Medicine Exam Cram Course** is a concentrated, one-day cram course, where attendees will take an interactive approach to reviewing the topics covered on the American Board of Medical Specialties (ABMS) sleep medicine exam. The day will focus on sample exam questions, using an audience response system to poll the attendees, and in-depth discussion of the correct answer for each question.

Course Chair

Lawrence Epstein, MD

Course Location

Sleep Medicine Exam Cram Courses
AASM National Office
Darien, IL (suburb of Chicago)

Visit www.aasmnet.org/boardreview.aspx for more information about the board review courses, hotels, and essential review resources.

New Course!

MANAGING SLEEP DISORDERS IN PATIENTS WITH CO-MORBID CONDITIONS

Date October 5-6, 2013
Location AASM National Office Darien, IL
Credits 12.00 *AMA PRA Category 1 Credits™*

Advanced Registration Fees

On or before September 5, 2013:
Member $450
Nonmember $600

Regular Registration Fees

After September 5, 2013:
Member $500
Nonmember $650

Faculty

Nancy Collop, MD *Course Chair*
David Kuhlmann, MD
Babak Mokhlesi, MD
David Neubauer, MD
Shalini Paruthi, MD
Lynn Marie Trotti, MD

Course Description

This one-and-a-half-day course will provide physicians with the knowledge of when and how patients with co-morbidities should be treated for their sleep disorders. Sessions will be a combination of didactic and case-based lectures that focus on treating sleep disorders in conjunction with other diseases like fibromyalgia, Parkinson's disease, seizure disorders and Type 2 diabetes. Discussion will focus on providing strategies and tactics on how to treat the complex patient which physicians can apply in their practice.

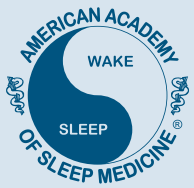
Target Audience

This course is intended for physicians involved in the treatment of sleep disorders in patients with complex co-morbid conditions.

Course Objectives

Upon completion, attendees will be able to:

- Describe common sleep disorders in patients with various co-morbid conditions;
- Discuss techniques for diagnosing sleep disorders in patients with co-morbid conditions; and
- Review treatment strategies for sleep disorders in patients with co-morbid conditions.



JOIN THE AASM TODAY AND SAVE ON COURSE REGISTRATIONS

Prorated dues are only $125!

PRELIMINARY AGENDA

Saturday, October 5, 2013	
7:00am–8:00am	Continental Breakfast, Registration and Welcoming Remarks*
8:00am–9:00am	**Insomnia, CRSD and Hypersomnia in Patients with Mood Disorders** *David Neubauer, MD*
9:00am–10:00am	**Sleep Disorders in Patients with Pain Syndromes or Fibromyalgia** *David Kuhlmann, MD*
10:00am–10:15am	Break
10:15am–11:15am	**Sleep Disorders in Patients with Parkinson's Disease** *Lynn Marie Trotti, MD*
11:15am–12:15pm	**Sleep Disorders in Patients with Seizure Disorders** *David Kuhlmann, MD*
12:15pm–1:00pm	Lunch*
1:00pm–2:00pm	**Morbid Obesity and Obesity Hypoventilation Syndrome** *Babak Mokhlesi, MD*
2:00pm–3:00pm	**Sleep Apnea and Type 2 Diabetes** *Babak Mokhlesi, MD*
3:00pm–3:15pm	Break
3:15pm–4:15pm	**Sleep and PTSD** *David Neubauer, MD*
4:15pm–5:30pm	**Sleep Disorders in Pediatric Patients with Genetic Syndromes** *Shalini Paruthi, MD*

Sunday, October 6, 2013	
7:30am–8:00am	Continental Breakfast*
8:00am–9:00am	**Sleep Disorders in Pediatric Patients with Mood Disorders** *Shalini Paruthi, MD*
9:00am–10:00am	**Restless Legs Syndrome in Patients with Neuropathy** *Lynn Marie Trotti, MD*
10:00am–10:15am	Break
10:15am–11:15am	**Sleep Disordered Breathing in Patients with Respiratory Disorders** *Nancy Collop, MD*
11:15am–12:15pm	**Sleep Apnea in Patients with Cardiovascular Disease (HTN, Stroke, ACS, CHF)** *Nancy Collop, MD*

*These meals are provided; attendees are responsible for all other meals.

New Course!

SUCCESSFULLY NAVIGATING REIMBURSEMENT FOR SLEEP MEDICINE

Date November 2-3, 2013
Location AASM National Office Darien, IL
Credits 12.00 *AMA PRA Category 1 Credits™*

Advanced Registration Fees

On or before October 2, 2013:
Member $450
Nonmember $600

Regular Registration Fees

After October 2, 2013:
Member $500
Nonmember $650

Faculty

Charles Sherrill, MD *Course Chair*
Farhia Abbasi-Feinberg, MD
Carolyn Campo, RST, RPSGT, RRT
Alejandro Chediak, MD
Wes Cleveland, JD
Lawrence Epstein, MD
Carolyn Winter-Rosenberg

Course Description

This one-and-a-half-day course will provide physicians with the knowledge of coding processes, current sleep medicine codes, incentive programs and working with payers.

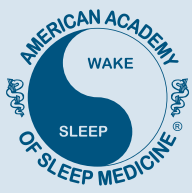
Target Audience

This course is intended for physicians and their center staff to review and learn coding and reimbursement rules, trends and how to apply them to their practice immediately.

Course Objectives

Upon completion, attendees will be able to:

- Describe current procedural and diagnostic codes for sleep medicine services;
- Compare new models of health care payment;
- Discuss participation in quality incentive programs;
- Identify steps in the claims process and consider strategies for reducing denials; and
- Assess strategies for communicating and contracting with private payers.



JOIN THE AASM TODAY AND SAVE ON COURSE REGISTRATIONS

Prorated dues are only $125!

PRELIMINARY AGENDA

Saturday, November 2, 2013	
7:00am–8:00am	Continental Breakfast, Registration and Welcoming Remarks*
8:00am–9:00am	**Physician Guide to Coding for Reimbursement** A review of the CPT Codebook and how it should be used by the sleep physician office *Farhia Abbasi-Feinberg, MD*
9:00am–10:00am	**Establishing a Compliance Program and Avoiding Fraud** A discussion of how to prevent fraud and abuse by developing a sleep center compliance plan *Carolyn Winter-Rosenberg*
10:00am–10:15am	Break
10:15am–11:15am	**CPT/RUC: What Does It All Mean to Me?** A review of the CPT and RUC processes and howthey impact physician coding and reimbursement *Charles Sherrill, MD*
11:15am–12:15pm	**Current Sleep Medicine Codes** A review of existing codes and required physician documentation for sleep medicine including polysomnography, OCST and DME *Fariha Abbasi-Feinberg, MD*
12:15pm–1:00pm	Lunch
1:00pm–2:00pm	**Current Sleep Medicine Codes II** A review of codes new to the CPT codebook in 2013 including pediatric polysomnography and care coordination *Lawrence Epstein, MD*
2:00pm–3:00pm	**Staying Successful with New Models of Health Care** A discussion of new payment models including ACOs, value based purchasing and bundled payment *Faculty*
3:00pm–3:15pm	Break
3:15pm–4:15pm	**Discussion Roundtable: New Models of Health Care** A roundtable discussion of how new payment models will impact sleep medicine *Panel: Alejandro Chediak, MD; and Lawrence Epstein, MD* *Moderator: William C. Sherrill, MD*
4:15pm–5:15pm	**Quality Incentive Programs** A review of quality programs such as Electronic Health Records, Physician Quality Reporting System, and Maintenance of Certification *Alejandro Chediak, MD*

Sunday, November 3, 2013	
7:00am–8:00am	Continental Breakfast*
8:00am–9:00am	**Transitioning from ICD-9 to ICD-10: The Time is Now** A discussion of how to comply with the October 2014 implementation of ICD-10 *Charles Sherrill, MD*
9:00am–10:00am	**Practice Efficiency** A review of the claims process and strategies for reducing denials *Carolyn Winter-Rosenberg*
10:00am–10:15am	Break
10:15am–11:15am	**Contracting with Commercial Payers** A "how to" lesson on effectively contracting with commercial payers *Wes Cleveland, JD*
11:15am–12:15pm	**Communicating with Your Payers** A "how to" lesson on navigating the precertification process *Carolyn Campo, RST, RPSGT, RRT*

*These meals are provided; attendees are responsible for all other meals.

ATTENDEE INFORMATION

Hotel Reservations

Space is limited, so please make reservations well in advance; the group rate will no longer be available if all rooms in the block sell out.

Sleep Medicine Board Review Course Only

Cut-off Date

July 1, 2013

Hotel and Course Location

Sheraton Denver Downtown Hotel
1550 Court Place
Denver, Colorado 80202

Rate

$159.00/night plus taxes

All Other Courses

Cut-off Dates

Sleep Medicine Exam Cram Courses (9/28/13 or 9/29/13) - August 30, 2013

Managing Sleep Disorders in Patients with Co-morbid Conditions - September 5, 2013

Successfully Navigating Reimbursement for Sleep Medicine - October 2, 2013

Course Location

AASM National Office
2510 North Frontage Road
Darien, Illinois 60561

Hotel

Marriott Chicago Southwest at Burr Ridge
1200 Burr Ridge Parkway
Burr Ridge, Illinois 60527

Rate

$111.00/night plus taxes

Reservations

Reserve your room online at www.aasmnet.org/events.aspx, or contact the hotel by calling (630) 986-4100; to receive the special group rate, you must identify yourself as part of the AASM course.

Check-in time: 4:00pm
Check-out time: 11:00am

Transportation

Sleep Medicine Board Review Course

The airport nearest to the Sheraton Denver Downtown Hotel is the Denver International Airport. The airport is approximately 27 miles (40 minutes) from the hotel.

All Other Courses

The airports nearest to the AASM national office are O'Hare International Airport and Midway International Airport. O'Hare is approximately 23 miles from the office. Midway is approximately 18 miles from the office. Because you will be traveling to a suburb, we recommend that you do not pick-up a taxi outside of the baggage claim exit as these taxis will charge at 1.5 times the metered rate to take you to the hotel. Rather, after you pick-up your baggage at the airport, contact 303 Taxi via phone at (847) 256-8294 and provide them with the account number 6307379700. Taxi service to and from the airport is approximately $40 each way, not including gratuity. Please anticipate 30-40 minutes for travel time to and from either airport.

Shuttle

Shuttle service will be provided to and from the hotel to the AASM national office prior to and at the end of the day on each day of a course. Transportation to any other location or at any other time is the responsibility of the attendee. Details regarding the shuttle schedule will be sent to attendees via email in advance of the course.

Personal Vehicle

Attendees wishing to drive themselves each day may park in the AASM free lot in front on the building. Those arranging transportation with family or friends should make sure the driver knows the address, parking lot, and start/end times of the course. Drivers may not use the building or participate in sessions (including meals).

Meals

Meals provided by the AASM are available for registered attendees only; guests of attendees will not be permitted to participate in meal functions.

Recording

Photographing and/or recording, of any kind, of sessions and speakers at the course is strictly prohibited.

Electronic Course Materials

The AASM will provide course materials only in electronic format. Attendees will be provided with a thumb drive containing course materials at the course. Prior to the course, attendees will be sent instructions to download and, if preferred, print course materials.

Please Note: *The AASM **will not** supply computers or tablets to view the materials or power for computers or tablets. For attendees wishing to view the course materials on their laptops or tablets, it is imperative that attendees have them sufficiently powered prior to arrival at the course each day.*

CME AND REGISTRATION DETAILS

The American Academy of Sleep Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

This course has been planned and implemented in accordance with the Essential Areas and Their Elements of the ACCME by the American Academy of Sleep Medicine.

The AMA Council on Medical Education mandates that accredited providers only offer *AMA PRA Category 1 Credits™* to physicians. The AASM will issue non-physicians a letter of attendance for activities designated for *AMA PRA Category 1 Credits™*.

The American Academy of Sleep Medicine designates the *Sleep Medicine Board Review Course* as a live activity for a maximum of **18.00** *AMA PRA Category 1 Credits™,* the *Intensive Scoring Review* course as a live activity for a maximum of **4.00** *AMA PRA Category 1 Credits™,* the *Sleep Medicine Exam Cram Course (9/28/13 or 9/29/13)* as a live activity for a maximum of **8.00** *AMA PRA Category 1 Credits™*, the *Managing Sleep Disorders in Patients with Co-morbid Conditions* course as a live activity for a maximum of **12.00** *AMA PRA Category 1 Credits™* and the *Successfully Navigating Reimbursement for Sleep Medicine* course as a live activity for a maximum of **12.00** *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

3 Easy Ways to Register

Register early to save!

Online www.aasmnet.org/events.aspx *(credit card only)*

Fax 630-737-9789 *(credit card only)*

Mail *Complete and mail this form: (check or credit card)*

American Academy of Sleep Medicine
Attn: Meeting Department
2510 North Frontage Road
Darien, IL 60561

Confirmation and Registration Disclaimer

Registration is limited. Please register early. Confirmation letters will be sent via email within one week of receipt of registration form and payment. All attendees must pre-register; **on-site registration will not be accepted**. The AASM will not be held liable if an individual purchases an airline ticket before receiving confirmation of registration for a course.

Cancellation Policy

Written notification must be submitted to the AASM meeting department for registration cancellation. A $50.00 administrative fee will be withheld on cancellations postmarked prior to July 11, 2013 for the Sleep Medicine Board Review Course, September 6, 2013 for both Sleep Medicine Exam Cram Courses (9/28/13, 9/29/13), September 16, 2013 for the Managing Sleep Disorders in Patients with Co-morbid Conditions course and October 11, 2013 for the Successfully Navigating Reimbursement for Sleep Medicine course. After the date stated for each course, no refunds will be available. Refunds are not provided to no-shows. The AASM reserves the right to cancel this course and provide a full refund should conditions warrant. The refund will only include the cost of registration for the event.

Weather Cancellation Policy

In the event that a registrant is unable to attend a course due to severe weather forcing airline cancellations or airport closures, the American Academy of Sleep Medicine will apply 50 percent of the individual's registration fees toward another AASM course (excluding the SLEEP meeting) held within 12 months. Registrants will need to provide documentation from the airport or airline confirming the inability to travel due to severe weather within 30 days following the course. The American Academy of Sleep Medicine will not apply this policy to the SLEEP meeting, as the length and nature of the meeting allows for registrants to attend a portion of the event regardless of severe weather.

Registration Categories

AASM Members

To register as a member, the registrant must currently be an individual member of the American Academy of Sleep Medicine (AASM). If the AASM is unable to confirm that the individual is a member of the AASM, the individual will be registered as a nonmember at the prevailing fees.

AASM Center Member Staff

To register as an employee of an AASM center member (maximum of four registrants), the registrant must be currently employed at an active member sleep center of the AASM. If the AASM is unable to confirm the center as an active member of the AASM, the individual will be registered as a nonmember at the prevailing fees.

Nonmembers

Join and save! If you are not an individual member of the AASM and would like to become one, join the AASM and receive instant savings including reduced course registration fees, journal subscriptions and much more. Visit the AASM website at www.aasmnet.org/membership.aspx for membership information including a complete listing of benefits and description of all membership categories. Membership is on a calendar-year basis (January 1–December 31).

REGISTRATION FORM

Registration Information (Please print or type clearly)

Last Name _____ First Name _____ Degree(s) _____

Address _____

_____

City _____ State _____ Zip/Postal Code _____ Country _____

Phone _____ Fax _____

Email *(Email required to receive confirmation)* _____

Special Needs/Accommodations _____

Dietary Needs* *(Check One)* ☐ Kosher ☐ Vegetarian ☐ Vegan ☐ Gluten Free ☐ Dairy Free

*AASM cannot guarantee all requests can be met. Staff will follow up to discuss available options and instructions.

Specialty *(Check all that apply)*

☐ Sleep Medicine	☐ Anesthesiology	☐ Family Practice	☐ Internal Medicine
☐ Neurology	☐ Nursing	☐ Otolaryngology	☐ Pediatrics
☐ Psychiatry	☐ Psychology	☐ Pulmonary Medicine	☐ Other _____

How did you hear about this course? *(Check all that apply)*

☐ Website ☐ Email ☐ Colleague ☐ Mailing ☐ Other _____

Attendee List Permission *(Check one)*

I give my permission to include my contact information on an attendee list to be distributed to course attendees. ☐ Yes ☐ No

Are you a resident physician? ☐ Yes ☐ No

Audience Response System *(Check one)*

Several AASM courses include an audience response system. Speakers have multiple choice questions in their presentations and poll the audience. Each attendee uses a keypad to submit his/her answer. The speaker is then able to display the responses. The keypads are distributed to attendees when they check in at the course. **Each device has a unique identification number linking each course attendee to a specific device. There is no charge for participating unless you do not return your keypad at the end of the course. If you fail to return the response device you will be charged an $80.00 replacement fee.** Participation in the Audience Response System is voluntary; it will not affect your CME or any other aspect of participation in the course. Do you agree to participate in the audience response system for the course(s) for which you are registering? ☐ I agree ☐ I do not agree

Membership Dues for Nonmembers *(Check one)*

Membership dues are based on the date that the registration is received by the AASM national office. Membership will be valid through December 31, 2013.

☐ Regular Members $125.00 ~~$200.00~~	☐ Student Members $20.00 ~~$40.00~~	☐ Affiliate Members $125.00 ~~$200.00~~	☐ Affiliate Industry Members $250.00 ~~$400.00~~

*Membership dues are prorated to the above amounts from June 1, 2013 to September 30, 2013. If you apply for membership outside of these dates, please visit the AASM website at www.aasmnet.org/membership.aspx for the most current dues information or to apply online.

REGISTRATION FORM

Registration Rates *(Check the appropriate registration fee)*

Registration rates are based on the date that the registration is received at the AASM national office.

Sleep Medicine Board Review Course (Denver, CO)

	On or before 7/1/13	After 7/1/13
AASM Member	$1,000	$1,100
Employee of an AASM Member Center*	$1,000	$1,100
Nonmember	$1,200	$1,300

Board Review Course AND Intensive Scoring Review (Denver, CO)

	On or before 7/1/13	After 7/1/13
AASM Member	$1,200	$1,345
Employee of an AASM Member Center*	$1,200	$1,345
Nonmember	$1,495	$1,640

Sleep Medicine Exam Cram Course (September 28, 2013 or September 29, 2013)

	On or before 8/30/13	After 8/30/13
AASM Member	$400	$450
Employee of an AASM Member Center*	$400	$450
Nonmember	$495	$545

Check One: ☐ **September 28, 2013** ☐ **September 29, 2013**

$100 off Cram Course if also registered for the Board Review Course! Discount will be applied when the registration is processed.

Managing Sleep Disorders in Patients with Co-morbid Conditions

	On or before 9/5/13	After 9/5/13
AASM Member	$450	$500
Employee of an AASM Member Center*	$450	$500
Nonmember	$600	$650

Successfully Navigating Reimbursement for Sleep Medicine

	On or before 10/2/13	After 10/2/13
AASM Member	$450	$500
Employee of an AASM Member Center*	$450	$500
Nonmember	$600	$650

*If registering as an employee of an AASM center member, please provide the name of your facility and your accreditation/membership number.

Facility Name _____ Accreditation/Member Number_____

Method of Payment *(Check one)* Check made payable to the AASM (U.S. funds drawn on a U.S. bank)

Credit Card ☐ VISA ☐ MasterCard ☐ American Express

Card # _____ Exp. Date _____ Validation Code** _____

Cardholder's Name _____

Billing Address _____

Signature _____ Date _____

**For VISA or MasterCard, the validation code is the last 3 numbers in the signature box. For American Express, the validation code is the 4 numbers above the credit card number.

2013 FALL

American Academy of Sleep Medicine | Sleep Education Series

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Updated for 2013 Exam!

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October 5-6, 2013 | AASM National Office | Darien, IL

New Course!

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November 2-3, 2013 | AASM National Office | Darien, IL

REGISTER EARLY TO SAVE!
www.aasmnet.org/events.aspx

AASM NATIONAL OFFICE | DARIEN, IL

AASM SLEEP EDUCATION SERIES

AMERICAN ACADEMY OF SLEEP MEDICINE
2510 North Frontage Road
Darien, IL 60561-1511